

Getting Older



Children and Families

Community Services

Mental Health

Secure Services

Specialist Services



Supporting Health and Wellbeing
Community Services

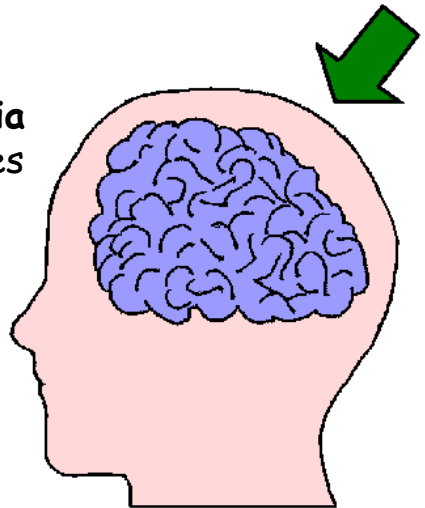


Sometimes when people get older they can...

- Forget how to do things
- Forget words and names
- Do things a different way

...Sometimes this is dementia

- Dementia is a name for changes in the brain
- Our brain is inside our head
- Our brain helps us remember things
- People with dementia have problems remembering things



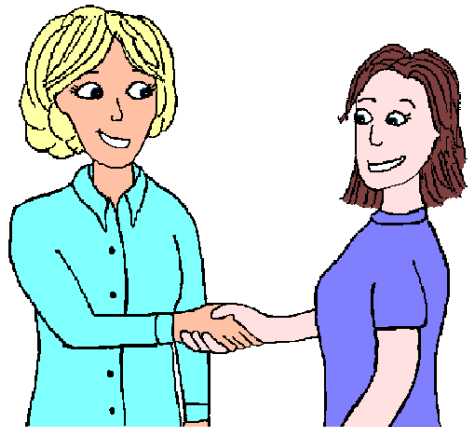


We would like to get to know you now in case you need our help when you get older.

This is so we know if things change.

What will happen?

We can come and meet you.
We can talk to you about things you are good at and things you need help with.



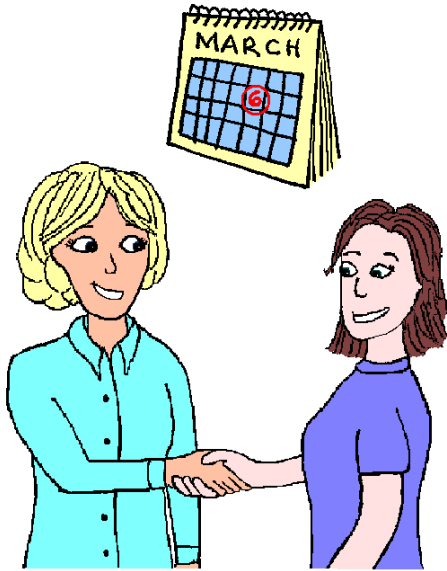


If it's ok we can talk to people who know you well.

We can find out what you can remember.

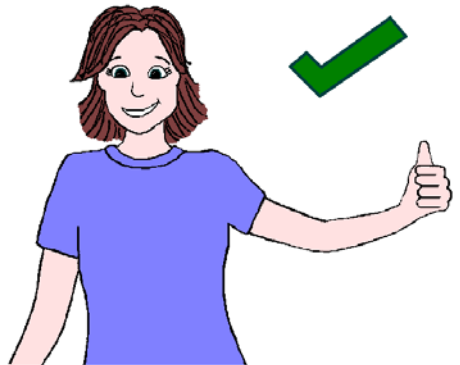
We can do some puzzles and games with you.





We can come to see you again to talk about how you are doing.

We can help you stay healthy and keep doing the things you enjoy.



Other sources of information:

The Mental Health Helpline

This provides an information and listening service for people in Lancashire. It is available between 7:00pm and 11:00pm Mondays to Fridays and from 12:00 noon until 12:00 midnight on Saturdays and Sundays.

Freephone 0500 639000.

Customer Care

If you wish to pay a compliment about the Trust's services, make a comment, raise a concern or complaint, please contact the Customer Care Department on **01772 695315, freephone 0808 144 1010** or email **customer.care@lancashirecare.nhs.uk**

If you have problems reading the print we can provide this leaflet in large print, audio book or Braille.

এই ডকুমেন্ট অনুরোধে বাংলায় পাওয়া যায়।

本文件可以應要求，製作成中文(繁體字)版本。

આ દસ્તાવેજ વિનંતી કરવાથી ગુજરાતીમાં મળી રહેશે.

ਇਹ ਦਸਤਾਵੇਜ਼ ਮੰਗ ਕੇ ਪੰਜਾਬੀ ਵਿਚ ਵੀ ਲਿਖਾ ਜਾ ਸਕਦਾ ਹੈ।

درخواست پر یہ دستاویز اردو میں بھی مل سکتی ہے۔

W przypadku jakichkolwiek problemów z odczytaniem tekstu z przyjaznością dostarczymy Państwu ulotkę z dużym drukiem, także do odłuchu lub tekst w języku Braille.

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Copies of this leaflet are available from:

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