Pendle Dementia Action Alliance is a group of organisations and individuals which work together to make Pendle more dementia friendly. We will achieve this by:

- raising awareness of dementia throughout Pendle
- providing access to further information and understanding of dementia
- inspiring and co-ordinating projects, programmes and initiatives for people affected by dementia and their carers.

If you would like to be involved, or would like further information about the Alliance, contact: pendledaa@gmail.com or 07484 088 856
www.dementiaaction.org.uk
You or someone you care about may have recently been diagnosed with dementia. You are not alone. Although this can be a stressful time, many people live well with dementia.

There are various services and groups offering support and there are lots of ways to meet people having similar experiences to you.

### Specialist advice and information

**Backhouse Financial Services**
Local independent financial service providing specialist financial advice.
01282 677776
www.backhouseifs.co.uk

**Farnworth Rose Solicitors**
Local solicitors specialising in legal advice for those living with dementia.
01282 613 500
www.farnworthrose.co.uk

**General advice and information**

**Age UK Lancashire**
Advice and information on local services, including care homes and day centres. Also provides advocacy services.
0300 303 1234
www.ageuk.org.uk/lancashire

**Alzheimer’s Society**
Information and support for people with all forms of dementia and those who care for them.
01282 421233
www.alzheimers.org.uk

**Millercare**
Mobility products and healthcare services to enable greater independence, freedom and improved quality of life.
01254 233426
www.millercare.co.uk

**Telecare Services**
(Housing Pendle)
Care-line and pendant care for Housing Pendle tenants.
0300 555 5559
www.housingpendle.co.uk

**Falls prevention**
(STEADY on Team)
Carries out non-clinical falls assessment and offers primary falls prevention, advice and self-care staying steady advice.
01282 804903

**Home Fire Safety checks**
(Lancashire Fire & Rescue Service)
Free home fire safety checks to the most vulnerable.
08001691125
www.lancashirefire.gov.uk

**Memory Assessment Service**
(East Lancashire Foundation Trust)
Delivers quick and timely diagnosis to people whose symptoms suggest that they may have dementia.
01282 657832
www.lancashirecare.nhs.uk

**Crossroads Care East Lancashire**
Support for Carers of those living with dementia
A specialist not for profit organisation providing support to Carers of those living with dementia in their own homes. It gives Carers ‘time’ to be themselves.
01282 832548
enquiries@crossroadseastlancs.org.uk

**Life-line Care 4 U**
Provides trained care workers, safety equipment, and solutions to support you to be safe at home, work and with your health.
01282 270 269
www.life-linecare4u.co.uk

**Memory boxes**
Visit your local library. Memory boxes can help stimulate memories as we get older and are available from libraries.
0300 123 6703

**Burnley, Pendle & Rossendale Community & Voluntary Service (BPRCVS)**
Local support and development organisation that can provide information on community and voluntary groups in your area.
01282 433740
www.bpr cvs.co.uk

**Dementia cafes and singing groups - Alzheimer's Society**
Up to date information on local dementia cafes and singing groups.
01282 421233

**Crossroadseastlancs.org.uk**

### Maintaining independence

**Memory Assessment Service**
(East Lancashire Foundation Trust)
Delivers quick and timely diagnosis to people whose symptoms suggest that they may have dementia.
01282 657832
www.lancashirecare.nhs.uk

**Crossroads Care East Lancashire**
Support for Carers of those living with dementia
A specialist not for profit organisation providing support to Carers of those living with dementia in their own homes. It gives Carers ‘time’ to be themselves.
01282 832548
enquiries@crossroadseastlancs.org.uk

**Wider Community support**

**Memory boxes**
Visit your local library. Memory boxes can help stimulate memories as we get older and are available from libraries.
0300 123 6703

**Burnley, Pendle & Rossendale Community & Voluntary Service (BPRCVS)**
Local support and development organisation that can provide information on community and voluntary groups in your area.
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This guide, brought to you by Pendle Dementia Action Alliance, provides information about what support is available in Pendle. This includes where to go to for advice and information, health and social care services and opportunities for carers to take a break.